



Limerick City Water Safety -2011-Club Rules

- No running or horseplay in or around the pool area and dressing rooms.
- The use of mobile phones/photographic equipment is strictly forbidden during all water safety sessions.
- Bikinis, swim fins, masks and snorkels are not allowed. All visible jewellery must be removed prior to class. Tracksuit legs and polo shirt to be worn for classroom sessions.
- The club will not be responsible for any loss of property. Valuables should not be taken to the pool. Lockers are available for a refundable charge at reception.
- Instructions from a lifeguard/UL Arena staff must be carried out immediately.
- No glass bottles in the pool area, no chewing gum or sweets during sessions.
- Pool equipment: Damage to pool/IWS equipment or property by any swimmer must be made good.
- Swimmers should shower and use toilets before swims. Any swimmer with an infection or open sores or cuts etc. may not use the pool.
- If there is any relevant medical problem with any swimmer this should be put in writing to the club.
- Should a swimmer miss two swimming sessions, they may not be permitted to take part in the examination.
- A note from a parent is required if a swimmer is required to leave early.
- Swimmers who misbehave or do not co-operate with the instructor will be given **one warning**. If they continue to misbehave they will be asked to leave the class. Parents will be informed if a swimmer receives such a warning.
- Where swimmers cannot make an examination date, we cannot guarantee that an alternative date can be organised.
- Swimmers/parents who need to discuss anything about their lifesaving class may speak to the deck manager.
- **IWS is a voluntary organisation.** Young persons should always treat IWS personnel with respect.
- Young participants are entitled to feel safe, to be treated with dignity and respect, to be able to make complaints and have them dealt with.

Swimmers must be ready on deck/at classroom at least 5 minutes before their class is due to commence.

IRISH WATER SAFETY HAS A CODE OF ETHICS & GOOD PRACTICE FOR CHILDREN INVOLVED IN WATER SAFETY ACTIVITIES.

We have read the rules and agree to abide by them.

Parent/Guardian

Swimmer

Date